

## FRACTURE OF THE COLLARBONE (CLAVICLE)

### Overview

This condition occurs when a part of the clavicle, commonly called the collarbone, is fractured. A broken collarbone is fairly common, and occurs most frequently in children and athletes.

### Causes

The most common cause of this injury is direct trauma to the bone from a hit or a fall. The collarbone of babies may be broken during childbirth from pressure during passage through the birth canal.

### Symptoms

The most common symptoms are pain and limited mobility of the arm on the side of the break. Other symptoms can include a grinding sensation when trying to move the arm, a sagging shoulder, bruising and swelling, or a visible deformity over the break.

### Treatment

Treatment options may include rest, immobilization of the arm and shoulder through use of a sling or brace, and anti-inflammatory medications. Surgery is usually required if the fracture is pushing on the skin, has pierced the skin, or is chronically painful.

### HEALTHY SHOULDER



### BROKEN CLAVICLE

